



STAFF REPORT

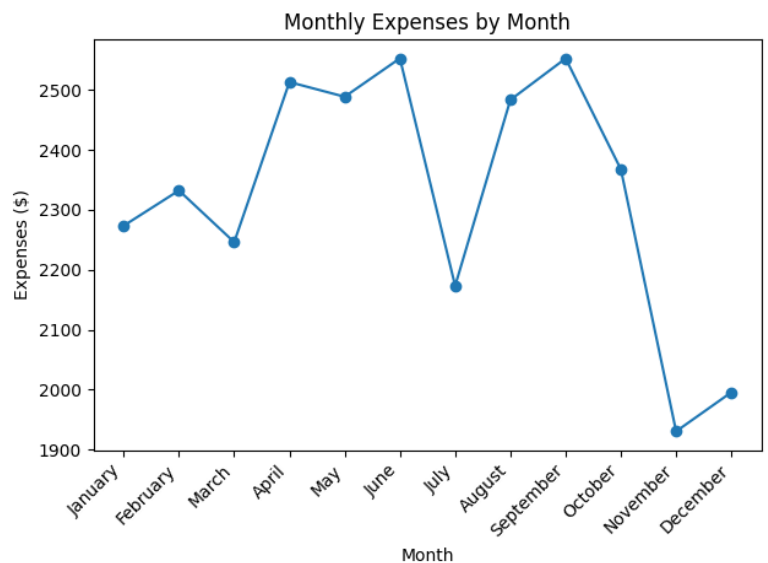
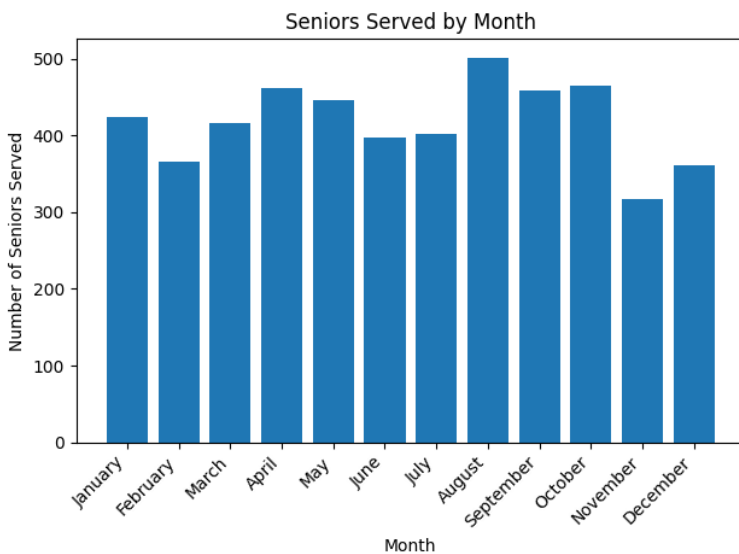
REPORT TO: Kingsburg Health Care District
REPORT FROM: Senior Inc President Gary Myhre and Community Services Director Adam Castaneda
AGENDA ITEM: Kingsburg Senior Center Breakfast Program
ACTION REQUESTED: Ordinance Resolution Motion Receive/File

EXECUTIVE SUMMARY

The Kingsburg Health Care District approved a monthly stipend of \$2,500 to Kingsburg Senior Inc. to implement a continental breakfast program for senior citizens in March 2024 . This pilot program was initiated for a period of one year, with the possibility of being extended on an annual basis. The purpose of this program was to address the nutritional needs of seniors in the Kingsburg Health Care District who rely on the Kingsburg Senior Center meal programs. Many local seniors do not have enough to eat and manage their households on a fixed budget funded solely by Social Security. The Kingsburg Health Care District saw an opportunity to step in and provide a breakfast-style program, offering an additional free meal for seniors at the Kingsburg Senior Center.

The Kingsburg Senior Inc. Board is happy to report that the program has been well-received for another year, serving over 5018 meals since January 2025. The monthly stipend has been effectively utilized to cover the program expenses, with the average operational cost being approximately \$2,325 per month. Staff expanded the program to five days a week and is offering additional hot options.

We appreciate your continued support and request that the Kingsburg Health Care District renew the program for another year.



Here are visual aids showing the number of clients and expenses from January to December 2025.